FARMERS MARKET LOCATIONS



Kent County

Modern Maturity Center Farmers Market

1121 Forrest Ave., Dover, DE

Tidal Farmers Market

1456 Frederica Road, Frederica, DE

On-Farm Markets

Fifer's Farm & County Store

1919 Allabands Mill Road, Wyoming, DE

Kalmar Farm

4351 Canterbury Road, Harrington, DE

West Side Grows Farmers Market

W. 10th and N. Van Buren Streets, Wilmington, DE

Wheeley's at Penn Farm

791 Frenchtown Road E... New Castle, DF

Wilmington Farmers Market

1000 N Market Street, Wilmington, DE

On-Farm Markets

Food Bank of Delaware Farm Stand

222 Lake Drive, Newark, DE

The Market at Coverdale

543 Way Road, Greenville, DE



New Castle County

Bellevue Farmers Market

510 Duncan Road, Wilmington, DE

Brandywine Park Farmers Market

1004 N. Park Drive, Wilmington, DE

Carousel Park Farmers Market

3700 Limestone Road, Wilmington, DE

Co-Op Farmers Market

230 E. Main Street, Newark, DE

Glasgow Park Farmers Market

2275 Pulaski Hwy., Newark, DE

Middletown Farmers Market

204 E Main Street, Middletown, DE

New Castle Saturday Market

211 Delaware Street, New Castle, DE

Northside Food and Culture Market

801 W. 30th Street, Wilmington, DE



Sussex County

Bethany Beach Farmers Market

Garfield Pkway & Pennsylvania Ave., Bethany Beach, DE

Historic Lewes Farmers Market - Spring/Summer

DuPont & Johnson Avenues. Lewes. DE

Historic Lewes Farmers Market - Fall

800 Savanah Road, Lewes, DE

Historic Farmers Market at Crooked Hammock

37707 Crooked Hammock Way, Lewes, DE

Hops and Crops Market

413 S Bedford Street, Georgetown, DE

Milton Farmers and Artisans Market

514 Union Street, Milton, DE

Nassau Valley Vineyards **Farmers Market**

32165 Winery Way, Lewes, DE

Rehoboth Beach Farmers Market

Grove Park adjacent to Lighthouse Circle Rehoboth Ave., Rehoboth Beach, DE

Riverwalk Farmers Market

South Walnut Street, Milford, DE

Sea Colony Farmers Market

33546 Market Place, Bethany Beach, DE

On-Farm Markets

Adkins Produce

32008 Long Neck Road, Millsboro. DE

DTCC Owens Campus Farm Stand

21179 College Drive, Georgetown, DE

Evans Farm Produce

9843 Seashore Hwy., Bridgeville, DE

Little Wagon Produce

2667 Seashore Hwy., Greenwood, DE

Magee Farms - Lewes

33761 Westcoats Road, Lewes, DE

Magee Farms - Selbyville

34857 Lighthouse Road, Selbyville, DE

Marvelous Produce

22880 Sussex Hwy., Seaford, DE

Parsons Farm Produce

30381 Armory Road, Dagsboro, DE

Parsons Farms on Slaughter Creek

9598 Coastal Hwy., Milford, DE

The Homestead Market

24171 Chapel Branch Road, Seaford, DF

TS Smith Orchard Point Market

9045 Redden Road, Bridgeville, DE



Eligible Fruits, Vegetables, and Herbs

Locally Grown Produce Only



Fruits (raw or fresh only):

- · apples
- · apricots
- blackberries
- blueberries
- cherries
- · chokecherries
- crabapples
- · currants
- elderberries
- gooseberries
- grapes
- mulberries
- raspberries
- strawberries

- pears
- plums



Herbs (fresh cut only):

- anise
- basil
- · bay leaves
- · borage
- · calamints
- · chamomile
- chervil
- chives
- cilantro
- coriander
- · dill fennel
- germander

- hyssops
- · lemongrass
- laurels
- lavender
- · lemonbalm
- lovage
- marjoram
- mints
- nasturtium
- parsley
- plectranthus
- · oregano

- pawpaws
- peaches

- persimmons

rosemary

santolina

silver beauties

savory

sorrel

thymes

tarragon

fresh locally

produced

oriental herbs

sage

- arugula · asparagus
- · artichokes
 - beans
 - beets
 - broccoli
 - · broccoli rabe
 - · brussel sprouts
 - · cabbage
 - cantaloupe
 - · calabaza
 - carrots
 - · cauliflower
 - · celeriac
 - celery
 - · chayote
 - chard

 - mustard and turnip greens

collards

- · sweet corn and fresh Indian corn (blue, red, multicolored)
- · cucumbers

- · dandelion greens
- eggplant
- epazote
- garlic

Vegetables (raw or fresh only):

- Florence fennel
- green onions
- horseradish
- Jerusalem
- artichokes
- kale
- kohlrabi
- leeks
- lettuces
- melons
- muskmelon
- mushrooms
- okra
- onions
- oriental vegetables (bitter melons.
- wax melons) specialty greens
- squash tips
- parsnips

- · peas and pea shoot tips
- · peppers
- potatoes
- pumpkins
- radishes
- rhubarb
- shallots
- · salad mixes
- spinach
- · summer and winter squashes
- · squash blossoms
- sweet potatoes (vams)
- tomatoes
- tomatillos
- turnips
- · vegetable amaranth
- · watercress
- watermelon
- · zucchini

Fruits and Vegetables

Harvest Calendar _____



ApplesJuly - November



Asparagus April - June



Broccoli June - August



CabbageJune - November



CantaloupeJune - September



CucumbersJune - October



Green BeansJune - October



PeachesJune - September



PeppersJuly - October



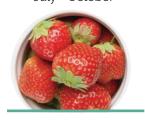
PotatoesJune - August



PumpkinsAugust - November



SquashJuly - September



Strawberries May - June



Sweet Corn
June - October



TomatoesJune - October



WatermelonJuly - October

Shopping Tips

- Look around the entire market and visit several WIC vendors.
- Take your time to decide what to buy and think about how you can make the most out of your purchase.
- Remember that fresh fruits and vegetables won't stay fresh for long. Prevent food waste by buying smaller amounts of several items.
- The type of produce available changes throughout the season, so visit your local farmers market often.

- Produce will be priced per pound or for a specific dollar amount. Example: \$3/lb OR 3 for \$1.
- \$30 per participant to spend at your local Farmers Market between June 1 November 30.
- Look for the sign "WIC Farmers Market Accepted Here".

