FARMERS MARKET LOCATIONS



Kent County

Modern Maturity Center Farmers Market 1121 Forrest Avenue, Dover, DE

Tidal Farmers Market 1313 Frederica Road, Frederica, DE

On-Farm Markets

Fifer's Farm & County Store 1919 Allabands Mill Road, Wyoming, DE

Kalmar Farm 4351 Canterbury Road, Harrington, DE

West Side Grows Farmers Market W. 10th and N. Van Buren Streets, Wilmington, DE

Wheeley's Produce Stand Penn Farm 791 Frenchtown Road E., New Castle, DE

Wilmington Farmers Market 1000 N Market St., Wilmington, DE

New Castle Saturday Market 211 Delaware Street, New Castle, DE

On-Farm Markets

Food Bank of Delaware Farm Stand 222 Lake Dr., Newark, DE

The Market at Coverdale 543 Way Road, Greenville, DE

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New Castle County

Bellevue Farmers Market 510 Duncan Road, Wilmington, DE

Carousel Park Farmers Market 3700 Limestone Road, Wilmington, DE

Co-Op Farmers Market 230 E. Main Street, Newark, DE

Glasgow Park Farmers Market 2275 Pulaski Highway, Newark, DE

Northside Food and Culture Market June Dates: Baynard Blvd and W. 18th St., Wilmington, DE July Dates: 3400 N. Market Street, Wilmington, DE August Dates: 4398 Miller Road, Wilmington, DE

Middletown Farmers Market 204 E Main St., Middleton, DE

Sussex County

Bethany Beach Farmers Market Garfield Pkway & Pennsylvania Ave., Bethany Beach, DE

Historic Lewes Farmers Market – Spring/Summer DuPont & Johnson Avenues, Lewes, DE

Historic Lewes Farmers Market – Fall 800 Savanah Road, Lewes, DE

Historic Farmers Market at Crooked Hammock 37707 Crooked Hammock Way, Lewes, DE

Hops and Crops Market 413 S Bedford St., Georgetown, DE Nassau Valley Vineyards Farmers Market 32165 Winery Way, Lewes, DE

Rehoboth Beach Farmers Market Grove Park adjacent to Lighthouse Circle Rehoboth Avenue, Rehoboth Beach, DE

Riverwalk Farmers Market South Walnut Street, Milford, DE

Sea Colony Farmers Market 33546 Market Place, Bethany Beach, DE

On-Farm Markets

Adkins Produce 32008 Long Neck Road, Millsboro, DE

DTCC Owens Campus Farm Stand 21179 College Drive, Georgetown, DE

Evans Farm Produce 9843 Seashore Highway, Bridgeville, DE

Little Wagon Produce 2667 Seashore Hwy., Greenwood, DE

Magee Farms - Lewes 33761 Westcoats Road, Lewes, DE

Magee Farms - Selbyville 34857 Lighthouse Road, Selbyville, DE

Marvelous Produce 22880 Sussex Hwy., Seaford, DE

Parsons Farm Produce 30381 Armory Road, Dagsboro, DE

The Homestead Market 24171 Chapel Branch Road, Seaford, DE

TS Smith and Sons 9045 Redden Road, Bridgeville, DE

Farmers Market benefits are good for up to \$30 of fresh produce per season, June 1 - November 30. Unused benefits cannot be redeemed for cash. Use your SoliMarket Shopper app to check your benefit balance and expiration date.

Eligible Fruits, Vegetables, and Herbs

Locally Grown Produce Only



Fruits (raw or fresh only):

- apples
- apricots
- blackberries
- blueberries
- cherries .
- chokecherries
- crabapples
- currants
- elderberries gooseberries
- grapes
- mulberries
- raspberries
- strawberries



Herbs (fresh cut only):

- anise
- basil
- bay leaves
- borage
- calamints
- chamomile
- chervil
- chives •
- cilantro
- coriander
- dill fennel
- germander

- hyssops
- lemongrass
- laurels
- lavender
- lemonbalm
- lovage
- marjoram
- mints
- nasturtium
- parsley
- plectranthus
- oregano

rosemary

pawpaws

peaches

persimmons

pears

• plums

- sage
- santolina
- savory
- silver beauties
- sorrel
- thymes
- tarragon
- fresh locally produced
- oriental herbs

Vegetables (raw or fresh only):

- arugula
- asparagus
- artichokes
- beans
- beets
- broccoli
- broccoli rabe
- brussel sprouts
- cabbage
- cantaloupe
- calabaza
- carrots
- cauliflower
- celeriac
- celery
- chayote
- chard
- collards
- mustard and
- turnip greens sweet corn and
- fresh Indian corn (blue, red, multicolored)

cucumbers

dandelion greens

• peas and pea

shoot tips

pumpkins

salad mixes

• summer and

winter squashes

squash blossoms

sweet potatoes

peppers

potatoes

radishes

rhubarb

shallots

spinach

(vams)

tomatoes

tomatillos

vegetable

amaranth

watercress

zucchini

watermelon

turnips

- eggplant
- epazote •
- garlic
- Florence fennel
- green onions
- horseradish
- Jerusalem
- artichokes
- kale •
- . kohlrabi
- leeks •
- lettuces •
- melons .
- muskmelon
- mushrooms •
- okra
- onions
- oriental vegetables (bitter melons.

wax melons)

squash tips

parsnips

specialty greens

Fruits and Vegetables

Harvest Calendar _____



Apples July - November



Cantaloupe June - September



Peppers July - October



Strawberries May - June



Asparagus April - June



Cucumbers June - October

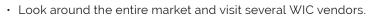


Potatoes June - August



Sweet Corn June - October

Shopping Tips



- Take your time to decide what to buy and think about how you can make the most out of your purchase.
- Remember that fresh fruits and vegetables won't stay fresh for long. Prevent food waste by buying smaller amounts of several items.
- The type of produce available changes throughout the season, so visit your local farmers market often.



Broccoli June - August



Green Beans June - October



Pumpkins August - November



Tomatoes June - October



Cabbage June - November



Peaches June - September



Squash July - September



Watermelon July - October

- Produce will be priced per pound or for a specific dollar amount. Example: \$3/lb OR 3 for \$1.
- \$30 per participant to spend at your local Farmers Market between June 1 November 30.
- Look for the sign "WIC Farmers Market Accepted Here".





DELAWARE HEALTH AND SOCIAL SERVICES Division of Public Health WIC Program

This institution is an equal opportunity provider.