

# FARMERS MARKET LOCATIONS



## Kent County

### Fifer's Farm & County Store

1919 Allabands Mill Road,  
Wyoming, DE

### Kalmar Farm

4351 Canterbury Road,  
Harrington, DE

### Modern Maturity Center Farmers Market

1121 Forrest Avenue, Dover, DE

### Tidal Farmers Market

1313 Frederica Road,  
Frederica, DE

### Glasgow Park Farmers Market

2275 Pulaski Highway,  
Newark, DE

### The Market at Coverdale

543 Way Road, Greenville, DE

### West Side Grows Farmers Market

West 10th and North Van Buren  
Streets, Wilmington, DE

### William Penn HS Farmers Market

791 Frenchtown Road,  
New Castle, DE

### Whitehall Farmers Market

801 Mapleton Ave.,  
Middleton, DE

### Historic Lewes Farmers Market – Fall

800 Savannah Road,  
Lewes, DE

### Historic Lewes Farmers Market – Spring/Summer

DuPont & Johnson Avenues  
(rain location – Shields  
Elementary School,  
Savannah Road & Sussex Drive),  
Lewes, DE

### Marvelous Produce

22880 Sussex Hwy,  
Seaford, DE

### Nassau Valley Vineyards Farmers Market

32165 Winery Way, Lewes, DE

### Owens Campus Farm Market

21179 College Drive,  
Georgetown, DE

### Parsons Farm Produce

30381 Armory Road,  
Dagsboro, DE

### Rehoboth Beach Farmers Market

Rehoboth Avenue  
Rehoboth Beach, DE

### Riverwalk Farmers Market

South Walnut Street,  
Milford, DE

### Sea Colony Farmers Market

33546 Market Place,  
Bethany Beach, DE

### TS Smith and Sons

8877 Redden Road,  
Bridgeville, DE

### The Homestead Market

24171 Chapel Branch Road,  
Seaford, DE



## New Castle County

### Bellevue Farmers Market

510 Duncan Road,  
Wilmington, DE

### Brandywine Village Farmers Market

19th & Market Streets,  
Wilmington, DE

### Carousel Park Farmers Market

3700 Limestone Road,  
Wilmington, DE

### Co-Op Farmers Market

230 E. Main Street,  
Newark, DE

### Food Bank of Delaware Farm Stand

222 Lake Drive, Newark, DE



## Sussex County

### Adkins Produce

32008 Long Neck Road,  
Millsboro, DE

### Bethany Beach Farmers Market

Garfield Pkway & Pennsylvania  
Ave., Bethany Beach, DE

### Evans Farm Produce

9843 Seashore Highway,  
Bridgeville, DE

### Farmers Market at Warren Station

1406 Coastal Highway,  
Fenwick Island, DE

### Historic Farmers Market at Crooked Hammock

37707 Crooked Hammock Way,  
Lewes, DE



Farmers Market benefits are good for up to \$30 of fresh produce per season, June 1 – November 30. Unused benefits cannot be redeemed for cash. Use your SoliMarket Shopper app to check your benefit balance and expiration date.



# Eligible Fruits, Vegetables, and Herbs

Locally Grown Produce Only



## Fruits (raw or fresh only):

- apples
- apricots
- blackberries
- blueberries
- cherries
- chokecherries
- crabapples
- currants
- elderberries
- gooseberries
- grapes
- mulberries
- raspberries
- strawberries
- pawpaws
- peaches
- pears
- plums
- persimmons



## Vegetables (raw or fresh only):

- arugula
- asparagus
- artichokes
- beans
- beets
- broccoli
- broccoli rabe
- brussel sprouts
- cabbage
- cantaloupe
- calabaza
- carrots
- cauliflower
- celeriac
- celery
- chayote
- chard
- collards
- mustard and turnip greens
- sweet corn and fresh Indian corn (blue, red, multicolored)
- cucumbers
- dandelion greens
- eggplant
- epazote
- garlic
- Florence fennel
- green onions
- horseradish
- Jerusalem artichokes
- kale
- kohlrabi
- leeks
- lettuces
- melons
- muskmelon
- mushrooms
- okra
- onions
- oriental vegetables (bitter melons, wax melons)
- specialty greens
- squash tips
- parsnips
- peas and pea shoot tips
- peppers
- potatoes
- pumpkins
- radishes
- rhubarb
- shallots
- salad mixes
- spinach
- summer and winter squashes
- squash blossoms
- sweet potatoes (yams)
- tomatoes
- tomatillos
- turnips
- vegetable amaranth
- watercress
- watermelon
- zucchini



## Herbs (fresh cut only):

- anise
- basil
- bay leaves
- borage
- calamints
- chamomile
- chervil
- chives
- cilantro
- coriander
- dill fennel
- germander
- hyssops
- lemongrass
- laurels
- lavender
- lemonbalm
- lovage
- marjoram
- mints
- nasturtium
- parsley
- plectranthus
- oregano
- rosemary
- sage
- santolina
- savory
- silver beauties
- sorrel
- thymes
- tarragon
- fresh locally produced oriental herbs

# Fruits and Vegetables

## Harvest Calendar



**Apples**

July - November



**Asparagus**

April - June



**Broccoli**

June - August



**Cabbage**

June - November



**Cantaloupe**

June - September



**Cucumbers**

June - October



**Green Beans**

June - October



**Peaches**

June - September



**Peppers**

July - October



**Potatoes**

June - August



**Pumpkins**

August - November



**Squash**

July - September



**Strawberries**

May - June



**Sweet Corn**

June - October



**Tomatoes**

June - October



**Watermelon**

July - October

## Shopping Tips

- Look around the entire market and visit several WIC vendors.
- Take your time to decide what to buy and think about how you can make the most out of your purchase.
- Remember that fresh fruits and vegetables won't stay fresh for long. Prevent food waste by buying smaller amounts of several items.
- The type of produce available changes throughout the season, so visit your local farmers market often.
- Produce will be priced per pound or for a specific dollar amount. Example: \$3/lb OR 3 for \$1.
- \$30 per participant to spend at your local Farmers Market between June 1 - November 30.
- **Benefits are only active for 45 days from when they load onto your account.**
- Look for the sign – "WIC Farmers Market Accepted Here".



DELAWARE HEALTH AND SOCIAL SERVICES  
Division of Public Health  
WIC Program

This institution is an equal opportunity provider.

